

FOR IMMEDIATE RELEASE  
On-Sale: June 13, 2006

Contact: Andrea O'Brien  
212-782-8943  
[aobrien@randomhouse.com](mailto:aobrien@randomhouse.com)

**FIND MORE TIME**  
*How to Get Things Done at Home,  
Organize Your Life,  
and Feel Great About It*  
by  
**Laura Stack**

*"You want practical specifics to reduce your stress by next Tuesday? This is the book. Or maybe you see your life crumbling around you and want huge change—more time to build closer relationships, more control and less chaos, significance. Stack addresses both ends of the spectrum...from the mundane to the monumental. Highly recommended."*

—**Dianna Booher**, author of **Communicate with Confidence®** and **Speak with Confidence**

*"Laura Stack is the leading expert in the areas of time management, productivity, and organization. In this book, she conquers the myth that we all have too much to do in too little time by sharing ways for busy professionals to squeeze more out of each day. Her ideas hold the cherished key to a happier personal and professional life."*

—**Nido Qubein**, President, High Point University Chairman, Great Harvest Bread Co.

*"This fast-moving, practical book helps you to achieve maximum performance in your work and balance in your personal life."*

—**Brian Tracy**, author of **Time Power**

You have a sink full of dishes to wash, three loads of laundry to do, 17 bills to pay, 13 e-mails to answer, a big stack of novels on the nightstand you'd love to read, and zero minutes of free time. You don't need more hours in the day, you just need different habits.

In *LEAVE THE OFFICE EARLIER*, Laura Stack, the Productivity Pro<sup>®</sup>, showed you how to organize your work life so you could get home to your real life sooner. Now, she's back with **FIND MORE TIME: *How to Get things Done at Home, Organize Your Life, and Feel Great About It*** (Broadway; On-Sale: June 2006; \$12.95) to help you make the most of your time at home.

In **FIND MORE TIME**, Laura Stack breaks things down into 8 pillars— Plans, Priorities, Personality, Pests, Possessions, Paper, Post, and Play—and shows you how to better manage all ten so you will never get knocked off balance again. Each of the 8 pillars is explained and introduced by a quiz to help you determine what you have under control and what you can improve upon. This way you can jump right to the chapters that will help you the most, creating a tailor made program just for your needs.

Whether you need help on just a few things or feel like your life is totally out of control, with **FIND MORE TIME**, you'll learn how to:

- Schedule your myriad of family activities, sports, and community work
- De-clutter your storage areas, kitchen, closets, and kids rooms
- Get through your housework faster with shortcuts and time-saving techniques
- Manage paper, personal e-mail, and phone calls
- Complete those projects you've been thinking about, but never manage to get to
- Find time to invest in some leisure time for yourself

**FIND MORE TIME** will help you organize your space, time, and information to reduce your stress, and ultimately create and sustain a productive home environment so you'll have more time to enjoy your life. An internationally-known productivity expert, Laura's breezy style, straightforward advice, enviable energy, and cheery confidence can help anyone get the most out of their hectic lives.

**About the Author:**

Laura Stack, MBA, CSP, is an internationally recognized productivity expert and the bestselling author of *LEAVE THE OFFICE EARLIER*. As president of The Productivity Pro<sup>®</sup>, Inc., she gives over 100 seminars and keynote speeches a year on managing time, reducing stress, and getting organized.

FIND MORE TIME

*How to Get Things Done at Home, Organize Your Life,  
and Feel Great About It*

Laura Stack

Broadway Books

On-Sale: June 13, 2006; ISBN: 0-7679-2202-6; \$12.95; 326 pages

[www.TheProductivityPro.com](http://www.TheProductivityPro.com)

For more information, or to arrange an interview with Laura Stack, please contact Andrea O'Brien at 212-782-8943 or [aobrien@randomhouse.com](mailto:aobrien@randomhouse.com)